



自閉症意識
AUTISM

INCLUSION CONFERENCE SERIES
- EMPOWERING ABILITIES: OVERCOMING CHALLENGES -

包容會議系列 - 賦能能力：克服挑戰



GENERAL INFORMATION 一般資訊



PROFILE OF THE CONFERENCE AND EVENT ORGANISERS

會議及活動主辦單位簡介

Association name / 協會名稱: Charity Association of Macau Business Readers
澳門商務讀者慈善會

Association work history / 協會工作歷程:

- Event owner and Co-organiser of the Business Awards Macau
澳門商業大獎活動主辦單位及協辦單位
- Event owner and Co-organiser of the region's biggest Charity Golf
該地區最大的慈善高爾夫活動的所有者和聯合組織者
- Event owner and Co-organiser of the annual Macau Business Charity Gala
年度澳門商業慈善晚會活動主辦單位及協辦單位
- Co-organiser of the world's biggest golf tournament for People with ID
世界上最大的智障人士高爾夫錦標賽的聯合組織者
- Organiser of various conferences on Inclusion in Macau
主辦多場有關澳門包容性的會議
- Co-organiser of various conference on Inclusion worldwide
全球各種包容性會議的共同組織者

Association registration address / 協會註冊地址:

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GENERAL INFORMATION — 一般資訊

Event History:

The Inclusion Conference Series in Macau is an annual event dedicated to promoting awareness and understanding of autism and intellectual disabilities. Organised by the Charity Association of Macau Business Readers, the conference brings together leaders, professionals, parents and individuals with intellectual disabilities to foster a more inclusive community.

澳門包容會議系列是一項年度活動，致力於提升對自閉症和智力障礙的認識和理解。由澳門商務讀者慈善協會主辦，會議匯聚領袖、專業人士、家長以及智力障礙人士，共同推動更具包容性的社區。

The 2024 conference took place from September 23 to 25 at the Macau Anglican College and MGM Macau. The event featured a range of activities, including keynote speeches, workshops and interactive sessions. The first day focused on parental consultation, providing a safe space for parents and caregivers to connect and share experiences. The second day emphasised inclusive education, with presentations from professionals across Asia discussing support for children with special needs and the challenges faced by parents of autistic children. The conference attracted approximately 1030 participants from 27 countries and regions, fostering a global dialogue on inclusive education.

2024年的會議於9月23日至25日在澳門聖公會中學和澳門美高梅舉行。活動包括主題演講、工作坊和互動環節等多樣活動。第一天重點關注家長諮詢，為家長和照顧者提供了一個安全的空間進行交流和分享經驗。第二天則強調包容教育，來自亞洲各地的專業人士發表演講，討論特殊需要兒童的支援以及自閉症兒童家長面臨的挑戰。此次會議吸引了來自27個國家和地區的大約1030名參與者，促進了關於包容教育的全球對話。

In addition to the conference sessions, the event included inclusive art workshops and sporting events aimed at promoting social inclusion. One such activity was an art workshop for nearly 100 individuals with intellectual disabilities, where participants, assisted by volunteers, engaged in creative projects. Outstanding works from these workshops were showcased at the Macau Grand Prix in November. Furthermore, the "Macau Golf Masters" event, initiated in 2012, celebrated its comeback and took the center stage as a community activity where the world's best golfers with special needs partnered corporate representatives for a 3-day inclusive festival of golf.

除了會議環節，活動還包括包容性藝術工作坊和旨在促進社會包容的體育活動。其中一項活動是一場為近100名智力障礙人士舉辦的藝術工作坊，參與者在志願者的協助下完成了創意項目。這些工作坊的優秀作品於11月在澳門格蘭披治大賽中展出。此外，於2012年首次推出的“澳門高爾夫大師賽”重現舞台，成為一項社區活動，匯集了全球最優秀的特殊需要高爾夫球手與企業代表合作，舉行了為期三天的包容性高爾夫嘉年華。

The Inclusion Conference Series has evolved since its inception in 2015, growing from an initial art workshop into a comprehensive conference officially launched in 2016. The series continues to expand its reach and impact, contributing significantly to raising societal awareness and fostering a more inclusive environment for individuals with autism and intellectual disabilities in Macau and beyond.

自2015年首次舉辦以來，澳門包容會議系列已從最初的藝術工作坊發展成為一個全面的會議，並於2016年正式啟動。該系列活動不斷擴展其影響力，為提升社會認知及為自閉症和智力障礙人士創造更包容的環境作出了重要貢獻，影響力遍及澳門及全球。



CONFERENCE KEYNOTES - 會議主題演講

2025 INCLUSION CONFERENCE SERIES

EMPOWERING ABILITIES: OVERCOMING CHALLENGES

2025 共融會議系列 — 啟迪能力：克服挑戰

The "Inclusion Conference Series - Empowering Abilities: Overcoming Challenges" will focus on the various barriers individuals with intellectual disabilities face and how these challenges can be overcome with support, innovation and understanding. The conference will explore key topics including social stigma, education, employment, healthcare and family caregiver burdens, with a particular emphasis on the 'Greater Bay Area' (Macau, Hong Kong, and Guangdong).

「共融會議系列—啟迪能力：克服挑戰」將聚焦於智力障礙人士面臨的各種障礙，以及如何通過支持、創新和理解來克服這些挑戰。會議將探討的主要議題包括社會歧視、教育、就業、醫療以及家庭照顧者的壓力，特別關注「大灣區」（澳門、香港及廣東）。

One of the central themes will be the role of sports and physical activities in the lives of individuals with autism and intellectual disabilities. Parents and caregivers will learn how to support their children in exploring a variety of sports options—from team sports to individual activities—to find what suits their child's unique needs and abilities. Discussions will highlight how sports can promote socialisation, coordination and self-esteem, helping children and adults with autism and intellectual disabilities thrive.

會議的其中一個核心主題是體育運動在自閉症和智力障礙人士生活中的角色。家長和照顧者將學習如何支持他們的孩子探索不同類型的運動選擇——從團隊運動到個人活動——找到適合孩子獨特需求和能力的項目。討論將強調運動如何促進社交、協調和自尊，幫助自閉症及智力障礙的兒童和成人蓬勃發展。

The conference will also address the difficulties individuals with intellectual disabilities face in independent living, such as challenges with personal hygiene, cooking and transportation, and examine the critical role of caregivers in supporting daily living. Strategies, resources and programs aimed at promoting independence will be explored in detail. 此外，會議還將關注智力障礙人士在獨立生活中面臨的困難，例如個人衛生、烹飪和交通方面的挑戰，並探討照顧者在支持日常生活中扮演的重要角色。會議將詳細研究促進獨立性的策略、資源和計劃。

Additionally, a key focus of the conference will be on sexuality education for individuals with intellectual disabilities. The conference will examine the knowledge gaps and barriers these individuals face in accessing appropriate sexual health education and resources, as well as ways to provide more inclusive sexuality education programs in the 'Greater Bay Area'.

另一個關鍵焦點是為智力障礙人士提供性教育。會議將檢視這些人士在獲取適當性健康教育和資源時面臨的知識缺口和障礙，以及如何在「大灣區」提供更多包容性的性教育課程。

By bringing together experts, caregivers and individuals with intellectual disabilities, the conference aims to deepen the understanding of the challenges these individuals face and highlight effective solutions and support systems that can empower them and their families. The goal is to break down barriers, provide essential resources and ultimately create a more inclusive and supportive environment for individuals with intellectual disabilities in all aspects of their lives.

通過專家、照顧者和智力障礙人士的共同參與，會議旨在加深對這些人士所面臨挑戰的理解，並強調有效的解決方案和支持系統，以賦能他們及其家庭。目標是拆除障礙，提供必要的資源，最終為智力障礙人士在生活的各個方面創造一個更加包容和支持的環境。



CONFERENCE KEYNOTES - 會議主題演講



Dr. Bill Wen Zeng (Macao)

Dr. Bill Zeng Wen is the Vice-President of Dr Sun Yat-sen Medical Association and Vice-President of Macau Alumni Association of Sun Yat-sen University of Medical Sciences. He is the QS World University Respondent, member of the American Geriatric Society, reviewer of the American Journal of Mixed Methods Research and the British SAGE Open Journal.

Dr Zeng Wen received his bachelor's degree from the Sun Yat-sen University of Medical Sciences in Guangzhou, his master's degree from Chiang Mai University in Thailand, his doctoral degree from the University of Auckland in New Zealand, and he also pursued further studies at the University of Cambridge in England. In addition, he also obtained the Hong Kong Alzheimer's Disease Association Certificate in Cognitive Function Assessment Tutor and Certificate in Dementia Care Planner.

Dr Zeng Wen has served as a Member of the Elderly Commission of Macau Government, a Member on the Commission for Chronic Disease Prevention & Control of Macau Government, the Chairman of the founding committee of the Macau Dementia Association, and Associate Professor at Kiang Wu Nursing College of Macau.

曾文博士現擔任澳門中山醫學會副會長、中山醫科大學澳門校友會副會長、中山大學澳門校友會副會長；英國QS World University Rankings世界大學排名評分專家、美國老年學會、美國Journal of Mixed Methods Research雜誌及英國SAGE Open雜誌審稿專家。獲廣州中山醫科大學學士學位、泰國清邁大學碩士學位、紐西蘭奧克蘭大學博士學位、英國劍橋大學進修；香港認知障礙症協會認知功能評估導師專業資格證書、失智症照顧策劃師證書。曾經擔任澳門特區政府長者事務委員會委員、澳門特區政府慢性病防制委員會委員、澳門失智症協會創會理事長、澳門鏡湖護理學院副教授。

DEVELOPING MACAO DEMENTIA FRIENDLY COMMUNITY: CHALLENGES AND PROSPECTS

構建澳門失智症友善社區：失智症是一種嚴重的慢性疾病

ABSTRACT:

Dementia is a significant chronic condition with loss of memory, language, problem-solving and other thinking abilities that are severe enough to interfere with daily life of people living with dementia. The number of people living with dementia was expected to increase from an estimated 55 million people in 2019 to 139 million by 2050 globally. In Chinese culture, the experiences of most families with a person living with dementia include sensitivity and stigma. Responding to the challenges, Macao SAR Government announced Macao Dementia Policy in 2016 and established the seamless network between medical services and community care, in order to achieve early prevention, early detection, early diagnosis, early treatment and early support for people living with dementia and their caregivers.

患者会丧失记忆、语言、解决问题和其他思维能力，严重时会影响日常生活。预计到 2050 年，全球失智症患者人数将从 2019 年的约 5,500 万人增至 1.39 亿人。在中国文化中，大多数有失智症患者的家庭的经历包括敏感和耻辱。面对挑战，澳门特区政府于2016年公布了《澳门失智症政策》，建立了医疗服务与社区照顾之间的无缝网络，以实现失智症患者及其照顾者的早期预防、早期发现、早期诊断、早期治疗和早期支持。

Macao Dementia Policy, aligned with WHO Global Action Plan on the Public Health Response to Dementia 2017-2025, aims at promoting dementia friendly communities. Dementia Medical Centre was set up to raise public awareness and understanding of dementia. 195 NGOs have joined Alliance to Build Dementia Friendly Macao. A series of activities were held by Macao SAR Government and the Alliance to promote healthy lifestyle, reduce the risk of dementia, detect dementia at an earlier stage, and raise public awareness and understanding of dementia. To achieve early diagnosis, the cognitive assessment network extended to all 11 Health Centres throughout Macao and medical staff from Health Bureau and community were trained to competently perform cognitive assessment.

澳门失智症政策与世界卫生组织《2017-2025年失智症公共卫生应对全球行动计划》一致，旨在促进失智症友善社區的发展。设立了失智症診療中心，以提高公众对失智症的认识和了解。195个非政府组织加入了“澳门失智症友善联盟”。澳门特别行政区政府和联盟举办了一系列活动，以推广健康的生活方式，降低患上失智症的风险，及早发现失智症，提高公众对失智症的认识和了解。为实现早期诊断，认知评估网络扩展至全澳11个卫生中心，卫生局和社区的医务人员接受了培训，以胜任认知评估工作。

Dementia Medical Centre works with social care facilities to provide a seamless integrated medical service and social care for people living with dementia and their caregivers. The waiting time for consultation at Dementia Medical Centre was greatly reduced from more than six months to less than one month because of streamlined referral process. Dementia Support Centre offers comprehensive post-diagnosis services, including counselling, health education, training and support to people living with dementia and their families. Furthermore, Macao Social Welfare Bureau provides a wide variety of services and support for people living with dementia and their caregivers, such as home care, day care, respite care, and institutional care.

失智症診療中心与社会护理机构合作，为失智症患者及其护理人员提供无缝整合的医疗服务和社会护理。由于简化了转诊流程，失智症診療中心的候诊时间从六个多月大大缩短至不到一个月。失智症支援中心为失智症患者及其家人提供全面的诊断后服务，包括咨询、健康教育、培训和支持。此外，澳门社会工作局还为失智症患者及其照顾者提供各种服务和支援，如家庭护理、日间护理、临时护理和机构护理。总之，这些举措体现了澳门特区政府在创建澳门失智症友善社區方面取得了长足进步，并通过无缝连接的失智症支援服务网络，在轮候时间、诊断率和治疗方面得到改善，2024年被世界卫生组织高度评价为“成功案例”，2018年被国际失智症协会称赞为優秀典范。

CONFERENCE KEYNOTES - 會議主題演講



Dr. Larry Luo (People's Republic of China)

Professor Dr. Larry Luo is a respected researcher at the American Autism Association, recognised for his contributions to rehabilitation and autism-related research. He is an Academician of the European Academy of Natural Sciences and serves as Senior Consultant at the Hong Kong Asia-Pacific Hydrotherapy Rehabilitation Research Center. He supervises academic programs at Wenzhou Medical University and is the Founder and Chief Scientist of Harobo Rehabilitation Robotics Co. Ltd.

Representing Harvard's Spaulding Rehabilitation Hospital in China under Shenzhen's "Three Famous Projects," he also chairs the Academic Committee of the Greater Bay Area International Rehabilitation Forum. He leads fascia research at Shenzhen University, holds several professorial appointments, and is a Lifetime Member of the Sino-American Pharmaceutical Association. He is also affiliated with the IEEE and serves as President of the Shenzhen Jiali Rehabilitation Medicine Research Institute.

罗逊教授，欧洲自然科学院院士，是一位享有广泛声誉的康复医学专家和学者。作为美国自闭症协会的研究员，他在自闭症研究领域作出了重要贡献。他是哈罗博康复机器人有限公司的创始人和首席科学家，并长期致力于康复医学和机器人技术的前沿研究。在学术领域，罗逊教授担任温州医科大学学术型硕士研究生指导教师，培养新一代康复医学人才。他还担任深圳大学筋膜学研究院的首席研究员，专注于筋膜学的科学研究，并得了诸多突破。

罗逊教授还在多个重要学术与行业职位上发挥着领导作用，包括粤港澳大湾区国际康复论坛学术委员会主席、广东康复医学发展研究会常务理事等。他是IEEE（电气与电子工程师协会）的研究员，并在中美医药协会担任终身会员。此外，罗逊教授还在多个医疗机构担任重要职务，如郑州大学第四附属医院和深圳市第二人民医院的教授。

REHABILITATION MECHANISM UNDER THE GUIDANCE OF THE FASCIA THEORY OF AUTISM 自闭症筋膜理论指导下的康复机制

ABSTRACT:

Fascia Therapy is a non-drug rehabilitation approach based on the Fascia Theory of Autism. It focuses on stimulating the fascia—connective tissue that surrounds muscles, nerves, and organs—to enhance physiological functions. By applying targeted mechanical stimulation, this therapy aims to improve neural communication, promote tissue repair, and regulate the body's stress and immune responses. It is believed to support autism rehabilitation by fostering self-healing mechanisms and optimizing bodily functions.

筋膜療法是一種基於自閉症筋膜理論的非藥物康復方法。它通過刺激筋膜——包覆肌肉、神經和器官的結締組織——來增強生理功能。通過精確的機械刺激，此療法旨在改善神經傳導、促進組織修復，並調節身體的壓力與免疫反應。它被認為能夠支持自閉症康復，促進自我修復機制並優化身體機能。

Biological Effects of Fascia Therapy

1. Injury Factor Activation – Mild stimulation triggers injury factors, promoting stem cell proliferation and differentiation, enhancing tissue repair, and improving overall function.
2. Mechanical Traction – Fascia traction stimulates Ca²⁺ channels, increasing stem cell density, aiding regeneration, and distributing stem cells systemically.
3. Neural Reflex – Therapy excites sensory nerves, transmitting impulses to the central nervous system, aiding autism self-healing, reducing muscle tension, and modulating neural activity.
4. Stress Response – Stimulation enhances stress resilience by activating neural pathways, increasing stress hormone secretion, improving metabolism, immune function, and circulation.

筋膜療法的生物學效應

1. 損傷因子激活 - 溫和的刺激觸發損傷因子，促進幹細胞增殖與分化，加強組織修復並改善整體功能。
2. 機械牽引作用 - 筋膜牽引可激活鈣離子 (Ca²⁺) 通道，增加幹細胞密度，幫助組織再生，並將幹細胞分佈至全身。
3. 神經反射效應 - 此療法可刺激感覺神經，將神經衝動傳遞至中樞神經系統，幫助自閉症患者自我修復、減少肌肉緊張，並調節神經活動。
4. 壓力反應 - 刺激可增強身體對壓力的適應能力，激活神經通路，促進壓力荷爾蒙分泌，改善新陳代謝、免疫功能及血液循環。

Regulatory Mechanisms:

- Neural Reflex Regulation – Sensory nerve impulses influence spinal and motor neurons, adjusting excitation thresholds.
- Neuroendocrine Regulation – Impulses reaching the hypothalamus modulate sympathetic and parasympathetic activity, regulating metabolism and internal organ function.
- Lymphatic Autoimmune Regulation – The immune system clears degenerated cells through lymphatic activation and immune responses.

調節機制

- 神經反射調節 —— 感覺神經衝動影響脊髓與運動神經元，調整興奮閾值。
- 神經內分泌調節 —— 神經衝動傳遞至下丘腦，調節交感與副交感神經活動，影響新陳代謝與內臟功能。
- 淋巴免疫調節 —— 透過淋巴系統活化免疫反應，清除變性的細胞。

By integrating these mechanisms, Fascia Therapy provides a holistic approach to autism rehabilitation, enhancing neural, endocrine, and immune system functions.

透過這些機制，筋膜療法提供了一種全方位的自閉症康復方法，提升神經、內分泌及免疫系統的運作能力。

CONFERENCE KEYNOTES - 會議主題演講



MSc Derrick Meng Kiat Tan (Singapore)

Derrick Tan Meng Kiat is a seasoned professional with expertise in neuroscience, education, and finance. He holds dual master's degrees in Applied Neuroscience (King's College London) and International Education (University of Sydney). A Fellow Chartered Accountant (ICAEW, ISCA) and Business & Finance Professional, Derrick is currently the CEO of Merlion Paediatric Healthcare Group, leading innovative healthcare solutions for children and adolescents.

His career spans key financial roles, including CFO at LHi Technology (China) and advisor to an SGX ST-listed company, with prior experience at Arthur Andersen and Ernst & Young. Derrick is also active in professional organizations, serving on councils for the Confucian Scholars and Merchants Society and the Association of Memory and Brain Development (Singapore).

A dedicated researcher, he has published works on neuroscience in educational therapy, bridging science and education to enhance therapeutic approaches.

邓明傑 (Derrick Tan Meng Kiat) 是一位資深專業人士，專長涵蓋神經科學、教育與財務管理。他擁有倫敦國王學院應用神經科學碩士學位及悉尼大學國際教育碩士學位。此外，他是英國及威爾斯特許會計師協會 (ICAEW) 和新加坡特許會計師協會 (ISCA) 的資深特許會計師 (Fellow Chartered Accountant) 及商業與財務專業人士。

目前，邓明傑擔任新加坡鱼尾狮青少儿诊疗集团集團 (Merlion Paediatric Healthcare Group) 首席執行長，專注於為兒童、青少年及其照護者提供創新的診療解決方案。他的職業生涯涵蓋重要財務職位，包括曾任跨國企業首席財務長 (CFO) 及新交所上市公司財務顧問，並曾在安達信 (Arthur Andersen) 及安永 (Ernst & Young) 專注於審計與企業財務。

此外，他積極參與專業組織，擔任儒商學會 (Confucian Scholars and Merchants Society) 副財務長及理事會成員，並是新加坡記憶與腦力發展協會 (Association of Memory and Brain Development) 理事會成員。作為專研神經科學與教育療法的學者，他發表多篇研究論文，致力於將神經科學與教育相結合，推動創新療法與應用。

EMPOWERING INDIVIDUALS WITH ASD AND INTELLECTUAL DISABILITIES: ENHANCING LIFE SKILLS THROUGH EXECUTIVE FUNCTION, SELF-REGULATION, AND SELF-INHIBITION

賦能自閉症譜系障礙 (ASD) 與智能障礙者：透過執行功能、自我調節與自我抑制提升生活技能

ABSTRACT:

Life skills are essential for independence and social participation, yet individuals with Autism Spectrum Disorder (ASD) and intellectual disabilities often face challenges due to executive function deficits. This session explores how strengthening executive functions—such as planning, attention control, and self-monitoring—alongside self-regulation and self-inhibition, can improve daily functioning and overall well-being.

生活技能對於獨立生活與社會參與至關重要，但自閉症譜系障礙 (ASD) 和智能障礙者因執行功能缺陷而面臨挑戰。本演講將探討如何透過加強執行功能 (如計劃、注意力控制與自我監控)，結合自我調節與自我抑制，提升日常功能與整體福祉。

The presentation will highlight evidence-based interventions to enhance problem-solving, organization, and impulse control, incorporating mindfulness, sensory integration, and cognitive-behavioral strategies. Practical approaches for educators, therapists, and caregivers will be discussed, emphasizing collaboration and consistency across environments.

本次分享將介紹實證介入方法，以增強問題解決、組織能力與衝動控制，並運用正念訓練、感覺統合與認知行為策略。此外，將討論教師、治療師與照護者如何協作，確保不同環境中的學習與應用一致性。

Through real-world case studies, participants will gain actionable tools to foster resilience, adaptability, and independence in individuals with ASD and intellectual disabilities, ultimately empowering them to lead more fulfilling lives.

透過真實案例，與會者將獲得實用工具，以幫助 ASD 與智能障礙者培養適應力與獨立性，從而提升生活品質，實現更豐富與充實的人生。



CONFERENCE KEYNOTES - 會議主題演講



Dr. Weihong Kuang (People's Republic of China)

Dr. W. Kuang has been working in clinical service and research nearly 30 years, specialized in sleep disorder, anxiety and depression disorder, cognition and NPD. Dr. Kuang has led and participated in over 20 clinical research projects, and published more than 100 academic papers, won one first prize for scientific and technological progress of the Sichuan Provincial Government (Natural Science category) and one first prize of the China Medical Science and Technology Award., edited and/or participated in the publication of 12 academic writings.

- Vice-director of Geriatric Psychiatry Group of CSP & CPA
- Vice chairman of Mental Health Branch of Chinese Preventive Medicine Association
- Standing Director of Chinese Association for Mental Health
- Vice chairman of Chinese of Alzheimer's Disease branch of Geriatric Health Care Association
- Chairman of the psychiatric rehabilitation Committee of Sichuan Rehabilitation Medical Association
- President of Sichuan Mental Health Association

况医生在临床服务和研究领域工作近30年，专注于睡眠障碍、焦虑和抑郁障碍、认知以及神经精神疾（NPD）。况医生领导并参与了20多个临床研究项目，发表了100多篇学术论文，荣获四川省政府科学技术进步一等奖（自然科学类）和中国医学科学技术一等奖各一次，编辑并参与出版了12部学术著作。

- 中国精神病学会（CSP & CPA）老年精神病学组副主任
- 中国预防医学会心理健康分会副主席
- 中国心理卫生协会常务理事
- 中国老年保健协会阿尔茨海默病分会副主席
- 四川省康复医学会精神康复委员会主席
- 四川省心理卫生协会会长

FOR BETTER SUPPORT: SUGGESTIONS FROM CLINICAL PSYCHOLOGISTS FOR PARENTS OF CHILDREN WITH AUTISM

为了更好地陪伴-临床心理学家给孤独症患者父母的几点建议

ABSTRACT:

Autism Spectrum Disorder (ASD) is a neurodevelopmental condition characterised by significant deficits in social communication and interaction, as well as restricted, repetitive behaviors and interests, which lead to difficulties in social adaptation for children. It has strong biological underpinnings, and currently, there is no cure. The latest Diagnostic and Statistical Manual of Mental Disorders (DSM-5, 2013) consolidates related subtypes under the term "Autism Spectrum Disorder (ASD)."

Although medically classified as a "mental disorder," we should shift from pathologising ASD to providing lifelong support, moving from "correction" to "support." This involves advancing scientific research and fostering humanistic care to build a more inclusive societal ecosystem, aiming to establish a consensus that "ASD is a difference, not a disability," and helping individuals integrate into vibrant social life.

As a critical part of achieving this goal, parents must continuously learn and empower yourselves by:

1. Understanding the characteristics of ASD and the challenges your children face;
2. Acknowledging the complexity of this task and the challenges involved, while mastering methods to manage your own emotional distress and stress;
3. Seeking accessible and meaningful resources, including scientifically informed support and rehabilitation guidance from clinical psychologists, as well as available social resources;

孤独症是一类以显著的社会沟通和互动缺陷以及重复性行为与兴趣受限并导致小孩社会适应困难为临床特征的、具有显著生物学因素的神经发育障碍，目前尚无治愈方法，最新的疾病诊断与统计学手册（DSM-5，2013）将孤独症相关亚型统一到“孤独症谱系障碍（ASD）”名下。

尽管医学上将ASD纳入“精神疾病”范畴，但是，我们更应从病理化到全生命周期支持的关注，更应从“矫正”向“支持”转变，更应加强科学探索和人文关怀，建立一个更加包容的社会生态，以便达成“ASD是不同，而非残疾”的实践共识，帮助他们融入丰富多彩的社会生活。作为达成这一目重要一环的父母需要不断地学习和自我赋能，包括：

- （1）认知ASD的特点和他们的苦恼；
- （2）正视这项任务的艰巨性和面临的挑战，掌握调适自身情绪困扰和应激的方法；
- （3）寻找可及的、有意义的资源，包括从临床心理学家那里获得的患者支持和康复的科学资讯以及可用的社会资源。

CONFERENCE KEYNOTES - 會議主題演講



Dr. Kok Hwee Chia (Singapore)

Dr. K. H. Chia is a distinguished professional with nearly 30 years of experience in educational therapy and special education. A former tenured professor of Special Education, he currently works at Merlion Paediatric Therapy Clinic in Singapore. Dr. Chia holds a Doctorate of Education from the University of Western Australia, specializing in dyslexia, and has earned degrees from Edith Cowan University, the University of Southern Queensland, and the University of Western Australia.

Certified as both an educational therapist and special education professional, Dr. Chia also holds an advanced credential in reading therapy. His accolades include awards from the Omega Gamma Chi Honor Society, the Lee Kong Chian Research Fellow Award, and recognition from Singapore's Minister of Social and Family Development for his contributions to child welfare.

- Association of Educational Therapists (USA): Board-certified & Study Group Leader
- International Association of Counselors & Therapists (USA): Approved Instructor & Chapter Leader
- Association of Educational Therapists (Singapore): Fellow & Hon. Secretary

賈博士 (Dr. K. H. Chia) 是一位在教育治療和特殊教育領域擁有近30年經驗的傑出專業人士。他曾任專任特殊教育教授，現為新加坡美麟兒童治療診所的專業人員。賈博士持有西澳大學的教育學博士學位，專攻閱讀障礙，並從愛迪思·科文大學、南昆士蘭大學和西澳大學獲得學位。

賈博士同時擁有教育治療師和特殊教育專業認證，並獲得閱讀治療專家的高級資格。他的榮譽包括來自美國特殊教育教師協會的奧米伽伽瑪奇榮譽學會獎、來自新加坡國家圖書館委員會的李光前研究員獎，以及新加坡社會與家庭發展部 (MSF) 對其對兒童福利貢獻的感謝信。

A COMPREHENSIVE PROFILE OF AN INDIVIDUAL WITH AUTISM: A MULTI-LEVEL PERSPECTIVE

自閉症個體的綜合概況：多層次觀點

ABSTRACT:

This profile offers an in-depth examination of an individual with autism (based on selected real cases) across five levels of abilities, providing a holistic understanding of their strengths and challenges:

- Level 1 – Innate Abilities: At this foundational level, genetic markers and IQ provide insight into the individual's inherent potential. The individual may display exceptional skills in certain cognitive areas, though their overall IQ can vary.
- Level 2 – Sensory-Motor Behavioural Abilities: Sensory processing differences are common, where the individual might be hypersensitive or hyposensitive to stimuli such as sound, light, or touch. Their motor coordination might be challenged, requiring adaptations to perform everyday tasks effectively.
- Level 3 – Adaptive Behavioural Abilities: The individual's ability to navigate daily life—managing routines, hygiene, and independent living skills—varies based on their support needs. Some may excel in structured environments, while others require significant support.
- Level 4 – Socio-Emotional Behavioural Abilities: Social interaction and emotional regulation are often areas of difficulty. The individual may struggle with reading social cues or expressing emotions appropriately but may form deep, meaningful relationships with familiar people.
- Level 5 – Cognitive & Meta-Cognitive Abilities: Higher-order cognitive skills like problem-solving and self-reflection can vary widely. Many individuals with autism excel in specialized areas, showcasing a unique approach to thinking and learning.

The aim of the sharing is to help parents and educators better understand the complex profile of a person with autism so that appropriate follow-up actions can be taken to provide much needed support.

本概況深入探討了自閉症個體 (基於選定的真實案例) 的五個能力層面，提供對其優勢與挑戰的全面理解：

- 層級1 – 先天能力：在這一基礎層面，基因標誌和智商可提供有關個體固有潛力的見解。該個體可能在某些認知領域顯示出卓越的技能，儘管其整體智商可能有所不同。
- 層級2 – 感覺-運動行為能力：感覺處理差異是常見的情況，個體可能對聲音、光線或觸覺等刺激過度敏感或反應不足。他們的運動協調可能存在挑戰，需要進行適應來有效執行日常任務。
- 層級3 – 適應性行為能力：個體管理日常生活的能力—包括日常作息、衛生和獨立生活技能—會根據其支持需求而有所不同。有些人可能在結構化環境中表現出色，而另一些則需要較大支持。
- 層級4 – 社會情感行為能力：社交互動和情緒調節通常是困難的領域。該個體可能在解讀社交暗示或適當表達情感方面遇到困難，但可能與熟悉的人建立深厚且有意義的關係。
- 層級5 – 認知與元認知能力：高階認知技能，如解決問題和自我反思，會有很大的差異。許多自閉症個體在特定領域表現出色，展示出獨特的思維和學習方式。

此分享旨在幫助家長和教育者更好地理解自閉症個體的複雜概況，從而採取適當的後續行動，提供所需的支持。

CONFERENCE KEYNOTES - 會議主題演講



Dr. Angus Yuk Kit Lam (Hong Kong)

Angus is an Occupational Therapist and Social Worker with extensive expertise in the mental health sector. He is also a certified sex therapist, having completed his training in Hong Kong. Angus earned his PhD (cum laude), focusing on sexuality and individuals with intellectual disabilities. He currently teaches at Western Sydney University in Australia.

林旭傑博士

林博士從事精神健康工作多年，是香港的執業職業治療師及註冊社工。林博士更是認可性治療師，他的博士研究專注於智障人士的性需要。林博士現於澳洲西悉尼大學任教。

SEXUALITY AND INTELLECTUAL DISABILITIES

性別與智力障礙

ABSTRACT:

Sexuality is a valuable part of people's lives, including people with intellectual disabilities (ID). Parents and social services personnel are significant parties for promoting the autonomy of people with ID regarding sexuality, although evidence reveals their actions tend to be in the opposite direction. Sexual attitudes do not emerge solely as personal or individual but evolve from interactions with others in a particular sociocultural environment.

To explore the sexuality of people with ID, this presentation set out to understand the dynamic of people with ID, parents and social services personnel within the cultural context of Hong Kong. Individual interviews were conducted, and the data were analysed applying Interpretative Phenomenological Analysis and dramaturgy. Findings revealed the participants' experiences, obstacles, and underlying feelings regarding the sexuality of people with ID, and the phenomenon, "not taking action" formed by all the groups. Chinese Confucian culture was revealed as the factor influencing the dynamic on the issues of sexuality.

性是人們生活中寶貴的一部分，智障人士亦不例外。家長與社會服務人員在促進智障人士性自主權方面的角色，舉足輕重。然而，研究顯示，家長與社會服務人員並未有積極支持智障人士處理他們的性需要。性態度，並非僅作為個人或個體而存在，而是在特定社會文化環境中與他人互動形成的。為探究智障人士的性議題，本研究旨在探索中國文化背景下的智障人士、家長與社會服務人員三方之間的動態關係。透過個別訪談，並運用解釋現象學及戲劇理論進的綜合分析。研究結果揭示了，三方參與者對智障人士性議題的經驗、障礙與潛在感受，共同形成了一個「不作為」現象。當中，中國儒家文化的影響力是相當深遠的。

Additional Workshop:

SAR- SEXUAL ATTITUDE REASSESSMENT FOR HEALTH AND EDUCATION PROFESSIONALS IN MACAU

探索個人性態度：澳門醫護及教育專業人員工作坊

A Sexual Attitude Reassessment (SAR) workshop is essential training for sex therapists—but its transformative power extends to all mental health, education, and healthcare providers. In this 2-hour session, we'll explore: 'Why SAR matters'... How examining personal biases and societal myths about sexuality improves client care The "sex-positive" mindset: Practical ways to foster non-judgmental, inclusive spaces in therapy, classrooms, and health care settings.

性態度重新評估 (SAR) 是成為性治療師的重要培訓，同時也適合所有心理健康、教育及醫療專業人士參與。在這個2小時的工作坊中，我們將探討：SAR的核心概念：如何透過自我反思與專業討論，檢視並調整對性議題的潛在偏見性正向 (Sex-Positive) 的實踐：如何在輔導、教育及醫療場域中，營造更包容、非批判的環境



Stefan Kuehn (Germany)

Founder of Inclusion Conference Series

MBA Sports Management Reinhold Wuerth University

MBA Business Administration Hochschule Heilbronn

SPORT & DISABILITY

運動與殘疾

The Macau Golf Masters has seen various changes in its format and approach towards people with intellectual disabilities. These were based on the evaluation on how such events and experience can influence people with intellectual disabilities and create new perspectives, direction and motivation. Those findings will be reflected on testimonials during this chat show.

澳門高爾夫大師賽在格式和對待智力障礙者的方式上進行了多次變革。這些變革是基於對這些活動和經歷如何影響智力障礙者並創造新的觀點、方向和動力的評估。這些發現將在這次談話節目中的見證中得到體現。

CONFERENCE KEYNOTES - 會議主題演講



Dr. Jennifer Erin Camulli (Dubai)

Dr. Jennifer Erin Camulli has over 30 years of experience in inclusive and special education, accessibility, and inclusion. Holding a PhD in Special Education, she is a registered educational therapist with the International Association of Counsellors and Therapists (IACT) and uses the cross-battery assessment approach based on the Cattell-Horn-Carroll (CHC) hierarchy of human skills.

Her work focuses on universal design across environments, including sensory and social domains, education, and employment. Jennifer is particularly interested in sensory design, exploring how learning spaces impact students with sensory differences. She has worked in the Middle East to enhance accessibility for students with disabilities, publishing in academic journals on topics like autistic savantism and sensory design. In 2021, she published her first children's book 'Santa Doesn't Break House Rules' which includes accessible QR codes for audio and sign language narration. She is co-authoring a book on sensory design, set for release in 2025, and working on a project about accessibility.

Jennifer 擁有超過 30 年在融合教育、特殊教育、無障礙和包容性方面的經驗。她擁有特殊教育博士學位，並且是國際輔導員與治療師協會 (IACT) 註冊的教育治療師，並採用基於 Cattell-Horn-Carroll (CHC) 人類技能層級的交叉測評方法進行心理教育評估。她的工作重點是跨環境的普及設計，涵蓋感官和社交領域、教育及就業等方面。Jennifer 特別關注感官設計，探討學習空間如何影響有感官差異的學生。她曾在中東地區工作，致力於提升學生的無障礙環境，並在學術期刊上發表有關自閉症天才症候群和感官設計的文章。2021 年，她出版了第一本兒童書籍 *Santa Doesn't Break House Rules*，並加入了可訪問的 QR 代碼，用於語音和手語敘述。她目前正共同編寫一本關於感官設計的書籍，將於 2025 年出版，並正在進行關於無障礙性的項目。

THE SENSORY SMART SCHOOL: SENSIBLE DESIGN FOR ALL LEARNERS

感官智能學校：為所有學習者設計的理性設計

ABSTRACT:

"The Sensory Smart School: Sensible Design for All Learners" focuses on creating inclusive educational environments that support diverse sensory needs. The presentation highlights strategies for designing classrooms and school spaces that accommodate sensory sensitivities, ensuring all students, including those with autism, ADHD, and other sensory processing challenges, can thrive. Key topics include using lighting, colour schemes, acoustic treatments, and flexible furniture to promote focus, reduce distractions, and foster comfort. By implementing sensory-friendly design principles, schools can improve the learning experience for every student, fostering an atmosphere where all learners feel supported and engaged in their education.

《感官智能學校：為所有學習者設計的理性設計》專注於創建支持多元感官需求的包容性教育環境。這場報告將探討如何設計適應感官敏感性的教室和學校空間，確保所有學生，包括自閉症、注意力缺陷過動症 (ADHD) 和其他感官處理挑戰的學生，都能夠茁壯成長。報告的關鍵內容包括運用燈光、顏色搭配、聲學處理和靈活家具，來促進學生的專注力、減少干擾並提高舒適感。透過實施感官友好的設計原則，學校能夠改善每位學生的學習經驗，營造出一個支持性強且讓所有學習者能積極參與教育的氛圍。



MSc. Carmen Li (Hong Kong)

Founder of Optism, Founder of 21 Concepts Ltd

BA in Law, Letters & Society, The University of Chicago,

MA in Journalism & Promotion, Central Saint Martins College of Art & Design

EMPOWERING PARENTS WITH INFORMATION ON THE AUTISM JOURNEY

在自閉症旅程中以資訊賦能父母

In the complex and isolating landscape of autism support in Asia, empowering parents with information is crucial. Addressing stigma, lack of information and isolation, we hope to explore innovative solutions to help parents navigate the ASD journey with their children, fostering confidence and hope.

在亞洲複雜且孤立的自閉症支持環境中，賦予父母資訊是至關重要的。為了解決污名化、資訊缺乏和孤立的問題，我們希望探索創新的解決方案，幫助父母與孩子一起走過自閉症旅程，培養信心和希望。



MA. Neha Narayan (India)

Neha Narayan is an experienced Art Educator with over 10 years of expertise in teaching the IB and Cambridge curricula. She specialised in inclusive education, with a strong focus on using art as a therapeutic and expressive medium. Neha is particularly skilled in designing process-oriented and differentiated art experiences that cater to a wide range of diverse learners. Her ability to create meaningful, student-centered art learning journeys sets her apart in the field of arts education.

Neha 是一位擁有超過十年教學經驗的藝術教育工作者，精通國際文憑 (IB) 和劍橋課程。她專注於融合教育，並致力於運用藝術作為治療性與表達性的媒介。Neha 擅長設計以過程為導向且具差異化的藝術學習體驗，能有效滿足多元學生的需求。她在創造有意義、以學生為中心的藝術學習旅程方面展現了非凡的能力，是藝術教育領域中的佼佼者。

EVENT WORKSHOPS - 活動工作坊

FAMILY CAREGIVER BURDEN

家庭照顧者負擔

Family caregivers of individuals with intellectual disabilities, particularly in rural areas, often bear the primary responsibility for providing care, leading to significant emotional, physical and financial stress. This burden can limit the opportunities and well-being of family members, further exacerbating challenges in accessing healthcare and support services.

在偏遠地區，照顧智障人士的家庭照顧者往往承擔主要的照顧責任，這會帶來顯著的情感、身體和財務壓力。這種負擔可能會限制家庭成員的機會和福祉，進一步加劇在獲得醫療保健和支持服務方面的挑戰。

SPORTS & AUTISM

運動與自閉症

Sports participation can offer significant benefits to children with autism, but the key question remains: which sport is the right fit for each child? While team sports may not always be the ideal choice due to various challenges, each autistic child is unique, and their preferences and abilities can vary widely. Some may excel in individual sports like running, swimming or golf, while others may thrive in a team setting. The most crucial aspect is the support from parents and caregivers, who can guide children through a process of exploration and self-discovery in sports. Encouraging children to try different activities—without the fear of failure—helps them identify the sport that aligns with their interests and strengths.

運動參與對自閉症兒童可以帶來顯著的好處，但關鍵問題是：哪一項運動最適合每個孩子？由於各種挑戰，團隊運動未必總是理想的選擇，但每個自閉症兒童都是獨特的，他們的興趣和能力差異可能很大。有些孩子可能在個人運動如跑步、游泳或高爾夫中表現出色，而其他人則可能在團隊運動中茁壯成長。最關鍵的部分是父母和照顧者的支持，他們能引導孩子通過探索和自我發現過程找到合適的運動。鼓勵孩子嘗試不同的活動——即使是我們認為他們可能無法成功的項目——有助於他們找到最適合的運動。



INDEPENDENT LIVING DIFFICULTIES

獨立生活困難

For individuals with intellectual disabilities, managing daily tasks such as personal hygiene, cooking and transportation can pose significant challenges, often requiring substantial support from caregivers. These difficulties can impact their ability to live independently, limiting their autonomy and quality of life. The need for assistance with these basic activities often creates a cycle of dependency, which can hinder social integration and personal growth.

對於有智力障礙的人士，管理日常任務，如個人衛生、烹飪和交通，可能會面臨重大的挑戰，通常需要照顧者的大量支持。這些困難會影響他們獨立生活的能力，限制其自主權和生活質素。需要幫助進行基本活動的要求常常形成依賴循環，這可能阻礙社會融合和個人發展。

SEXUALITY AND INTELLECTUAL DISABILITIES

性別與智力障礙

Adults with intellectual disabilities often possess significantly less knowledge about sexuality compared to their nondisabled peers, leading to increased misunderstandings and misconceptions about sexual health, relationships and boundaries. These gaps in knowledge can make it more difficult for individuals with intellectual disabilities to navigate sexual development, personal safety, and consent, which can have long-term implications for their well-being and social integration.

有智力障礙的人在性方面通常面臨諸多挑戰，包括對性健康、性行為、情感關係和界限的理解與非障礙同齡人存在差距。這些知識缺乏可能會影響他們在性發展過程中的自主性，增加遭遇性虐待或未經同意行為的風險，同時對他們的身心健康、社會融合和人際關係產生負面影響。

EVENT WORKSHOPS - 活動工作坊

SPORT, MUSIC & ART

體育音樂藝術

Sport teaches essential values and skills including self-confidence, teamwork, communication, inclusion, education, respect and fair play neither requiring the necessity of speaking a certain language nor demanding characteristics such as skin colour or intellectual ability to perform it. Sport is just about connecting people disregarding any differing appearance or mindset. So does Art and Music help in communicating and expressing feelings, thoughts and fears but also hope and joy. With our wide variety of workshops – it's the local community that opens up and makes the inclusion process work into the right direction.

體育教授一些基本的價值觀和技能，包括自信、團隊合作、溝通、包容、教育、尊重和公平競爭，而這並不需要說一種特定的語言，也不要求具備某些特徵，如膚色或智力能力。體育僅僅是關於聯繫人們，不理會任何外貌或心態上的差異。藝術和音樂也能幫助人們傳達和表達情感、思想和恐懼，同時也能表達希望和喜悅。透過我們豐富多彩的工作坊，正是當地社區打開大門，使包容的過程朝著正確的方向發展。

Community Arts Festival, Cultural Celebration

- 激發澳門社區活力，發掘社區特色的項目 – boosting community neighbourhoods and identify actions that are unique characteristics of Macau
- 維護多元文化共融，促進族群和睦的項目 – ensuring cultural diversity, harmony and coexistence of the different communities in Macau
- 倡導居民參與和關注社會事務，加強愛國愛澳教育、公民教育、提升知法守法意識項目 – stimulating the social participation of the population and their attention to social issues, reinforcing patriotic and civic education and raise awareness among the population of the importance of knowing and obeying the law
- 幫助培訓並提升合資格的澳門專業人士在不同領域的競爭力 - help training and increasing the competitiveness of qualified Macau professionals in different areas



Exhibitions in Sports, Dance and Music

- 活動目標觀眾：本地慈善機構，澳門本地市民，大灣區市民，國際活動訪客及貢獻者，澳門商業社群，本地及區域藝術家，本地及區域中學和學院，本地及區域大學，本地及區域音樂樂隊，本地及區域舞蹈表演團體，本地及區域管弦樂團 - Audience: local Charitable Associations, local citizen of Macau, Citizen of the Greater Bay Area, International event visitors and contributors, Macau business community, local and regional artists, local and regional secondary schools and colleges, universities, local and regional music bands, local and regional dance performance groups, local and regional orchestras
- 區域非政府組織在體育、舞蹈和音樂領域的比賽和展覽——這是一個讓每個人都可以利用的平台，展示和宣傳他們的成就，分享他們的夢想，並讓世界變得更加包容。體育、舞蹈和音樂是交流和團結的絕佳方式。 - Competitions and exhibitions of regional NGOs in sports, dance and music – a festival where everyone can use this platform to present and advertise their achievements and share their dreams – making it a more inclusive world. Sports, dance and music are great way to communicate and unit



EVENT WORKSHOPS - 活動工作坊

ART WORKSHOPS / PAINTING

藝術工作坊/繪畫

Colours and art can be an important factor in improving the mental condition. It's also a proven fact that painting encourages to directly communicating, talking about feelings when two people paint together.

顏色和藝術可以是改善心理狀況的重要因素。事實證明，繪畫鼓勵直接交流，當兩個人一起繪畫時，更容易談論感受。



'Creating out of Nothing' is an art workshop created back in 2012. Local NGOs and students create together with our athletes and conference delegates countless helmet, bike and even leather designs that are exhibited in various venues around town and most importantly put in reality during the annual Macau Grand Prix.

‘無中生有’是一個在2012年創建的藝術工作坊。在這個工作坊中，本地非政府組織（NGO）和學生與我們的運動員及會議代表一同合作，共同設計出無數的頭盔、自行車，甚至皮革作品。這些作品不僅在城中多個場地展出，更重要的是，它們還被運用於每年一度的澳門格蘭披治大賽車中，將藝術創意化為現實。



HANDICRAFT 手工藝

This handicraft workshop provides playful activities in order to enhance fine motor abilities, conducted for the purpose of encouraging people to be an independent member of society. We will create together the Macau Business Award and Macau Golf Masters trophies for the events in the future.

這個手工藝工作坊提供了趣味活動，以提升精細動作能力，目的是鼓勵人們成為社會中的獨立成員。我們將一起創作澳門商業獎和澳門高爾夫大師賽的獎盃，用於未來的活動。



EVENT SCHEDULE - 活動行程

Monday, June 23rd 2025
2025年6月23日 星期一



聖公會中學(澳門)
Macau Anglican College

澳門氹仔北安徐日昇寅公馬路109-117號

this conference session is held in traditional chinese language
本次會議將以繁體中文進行

- | | |
|---|--|
| 08.45 – 09.00 am | Guest Reception at R/C entrance level
客人接待處在入口層 |
| 09.00 – 09.15 am
(Hall Level 3) | Opening Ceremony and
Welcome Speech of the Conference Organiser
開幕式及歡迎致辭 |
| 09.20 – 09.50 am
(Hall Level 3) | Developing Macao Dementia Friendly Community: Challenges and Prospects
構建澳門失智症友善社區：失智症是一種嚴重的慢性疾病
by Dr. Bill Wen Zeng 曾文博士 (中國澳門) |
| 09.50 – 10.15 am | Coffee Break 茶歇 |
| 10.15 – 10.45 am
(Hall Level 3) | For Better Support: Suggestions from Clinical Psychologists for Parents of Children with Autism
为了更好地陪伴-临床心理学家给孤独症患者父母的几点建议
by Dr. Weihong Kuang 況偉宏醫生 (中國) |
| 10.45 – 11.15 pm
(Hall Level 3) | Rehabilitation mechanism under the guidance of the Fascia Theory of Autism
自闭症筋膜理论指导下的康复机制
by Dr. Larry Luo 羅遜教授 (中國) |
| 11.15 – 11.45 pm
(Hall Level 3) | SAR- Sexual Attitude Reassessment for Health and Education Professionals in Macau
探索個人性態度：澳門醫護及教育專業人員工作坊
by Dr. Angus Yuk Kit Lam 林旭傑博士 (中國香港) |
| 11.45 – 12.15 pm
(Hall Level 3) | Forum Discussion
Empowering Parents with Information on the Autism Journey
在自閉症旅程中以資訊賦能父母
by Carmen Li (中國香港) and keynote speakers |
| 12.15 pm | Lunch Break 午餐時間 (Lunch will be provided - 將提供午餐) |
| 01.00 pm | Dismissal 會議結束 |



EVENT SCHEDULE - 活動行程

Tuesday, June 24th 2025
2025年6月24日 星期二



美獅美高梅 澳門路氹體育館大馬路

this conference session is held in english language

本次會議以英語舉行

- 08.55 – 09.00 am **Welcome Speech of the Conference Organiser**
會議組織者歡迎辭 (Ballroom)
- 09.00 – 09.20 am **Opening Speech & Ceremony**
- 09.25 – 10.00 am**
(Ballroom) **Empowering Individuals with ASD and Intellectual Disabilities:
Enhancing Life Skills Through Executive Function, Self-Regulation and Self-Inhibition**
賦能自閉症譜系障礙 (ASD) 與智能障礙者：透過執行功能、
自我調節與自我抑制提升生活技能
by Meng Kiat Derrick Tan (Singapore)
- 10.05 – 10.35 am**
(Ballroom) **A Comprehensive Profile of an Individual with Autism: A Multi-Level Perspective**
自閉症個體的綜合概況：多層次觀點
by Dr. Chia Kok Hwee (Singapore)
- 10.35 – 11.00 am Coffee Break 茶歇
- 11.05 – 11.30 am**
(Ballroom) **The Sensory Smart School: Sensible Design for all Learners**
感官智能學校：為所有學習者設計的理性設計
by Dr. Jennifer Erin Camulli (Canada)
- 11.35 – 12.05 am**
(Ballroom) **Empowering Parents with Information on the Autism Journey**
在自閉症旅程中以資訊賦能父母
by Carmen Li (Hong Kong)
- 12.10 – 12.45 pm**
(Ballroom) **Sexuality and Intellectual Disabilities**
性別與智力障礙
by Dr. Angus Yuk Kit Lam (Hong Kong)
- 12.55 – 01.55 pm Lunch Break (**Lunch will be provided** - 將提供午餐)
- 02.00 – 02.45 pm** **Parent Consultation Session** 家長諮詢會 with Dr. Bill Wen Zeng
- 02.00 – 03.00 pm** **Break-Out Session** 分組會議 with Dr. Angus Lam
- 02.00 – 04.00 pm** **Parent Consultation Session** 家長諮詢會 with Dr. Chia Kok Hwee & Meng Kiat Derrick Tan
- (starts already at 10am) **Community Art Workshop** 藝術工作坊/繪畫 – ‘**Creating Something out of Nothing**’
with various international and regional artists



EVENT SCHEDULE - 活動行程

Community Activities

We are organizing a series of community activities and would like to warmly invite your association to join us in meeting and interacting with the international delegations through moments of fun, engagement, and cultural exchange. Please review the list of activities in the attached document and complete the Registration Form accordingly. As availability is limited, we kindly ask that you assign a maximum of 10 members from your association for each activity. First Come - First Serve.

Participation is free of charge.

我們即將舉辦一系列的社區活動，誠摯邀請貴會踴躍參與，與來自世界各地的國際代表團進行交流互動、歡樂同樂，共享精彩時光。請參閱隨附的活動資料，並填寫報名表格。由於名額有限，每項活動每個機構最多可報名10位成員參與。

所有活動免費參加。先到先得

期待與貴會成員一同共度有意義又愉快的時光！

Monday, June 23rd 2025 2025年6月23日星期 **3.00 pm - 5.00 pm**

Let's go watch a movie together – with popcorn and a drink!

讓我們一起去看電影吧！還有爆谷和飲品！

Galaxy Entertainment Group warmly invites us to enjoy one of the latest Hollywood blockbusters at their state-of-the-art cinema. Sit back, relax, and have fun with friends – popcorn and a drink are included!

The movie will be shown in English with Chinese subtitles. Come and enjoy a fun, cinematic experience with the international delegations!

銀河娛樂集團誠意邀請我們一同前往其現代化影院，欣賞最新的荷里活電影鉅作。與朋友們輕鬆歡聚，一邊享受電影，一邊品嚐爆谷與飲品！電影將以英文播放，附有中文字幕。誠邀您與國際代表團一同享受輕鬆又愉快的觀影時光！

Tuesday, June 24rd 2025 2025年6月24日星期 **10.00 am - 2.00 pm** (lunch provided)

Art Workshop – by Creating Something out of Nothing

美高梅與2025年澳門格蘭披治大賽車 | 創造無限可能 | ——10年中累積的藝術、共融與速度

The event aims to enable individuals with and without disabilities to unleash their boundless creativity, allowing their meticulously designed art works to be showcased on the international stage. It promotes an important message of social inclusion and acceptance to the broader community.

活動旨在讓傷健人士能夠發揮無限創意，精心設計的作品能夠亮相國際盛事舞台，向外界傳遞尊重與接納的重要訊息。我們將提供午餐自助餐

Wednesday, June 25th 2025 2025年6月25日星期三 **10.00 am - 1.00 pm** (lunch provided)

“Golf Try-Out” Workshop

「高爾夫體驗」工作坊 - 無需經驗或技能

This unique opportunity invites your members to explore the exciting world of golf with guidance from some of the world's top golfers with neurodiversity, as well as professional golf coaches and players. The workshop is thoughtfully designed to create an inclusive and welcoming environment where beginners can learn the fundamentals of golf, using the driving range and practice greens at the renowned Macau International Golf Course.

這是一個難得的機會，讓貴會會員在世界頂尖的神經多樣性高爾夫球手及專業高爾夫教練與球員的指導下，踏入精彩的高爾夫世界。工作坊旨在打造一個共融且友善的環境，讓初學者能夠在知名的澳門國際高爾夫球場之練習場與推桿區，學習高爾夫的基本技巧。提供午餐小吃

Friday, June 27th 2025 2025年6月27日星期五 **3.00 pm - 5.00 pm**

Let's go for another movie together – at Studio City Macau!

讓我們再一次一起去看電影吧 – 這次在澳門新濠影匯！

Melco invites us to enjoy one of the latest Hollywood blockbusters at their specially designed theatre in Studio City Macau, created to accommodate individuals with autism and other sensory sensitivities. The movie will be shown in English with Chinese subtitles. Come relax, enjoy the film, and have fun with friends in a comfortable and inclusive environment!

新濠集團誠邀我們前往位於澳門新濠影匯、專為自閉症及其他感官敏感人士設計的影院，欣賞一部最新的荷里活電影鉅作。電影將以英文播放，附有中文字幕。誠邀您在舒適又共融的環境中放鬆心情、欣賞電影，與朋友們共度美好時光！



Conference Registration – Free Admission 會議登記 - 免費入場

If you wish to register multiple participants please use this form multiple times and send us the scanned form in PDF file format.

如欲為多位參加者報名，請重複使用此表格，並以PDF檔案格式掃描後電郵給我們。

Your Email Address / 你的電郵地址:

Name or Name of Association and/or Group - 姓名／協會或團體名稱:

Name of Participant (first, middle, last)
參加者姓名 (名、中間名、姓)

Monday, June 23rd 2025
at Macau Anglican College
2025年6月23日,
聖公會中學(澳門)

Tuesday, June 24th 2025
at MGM Cotai
2025年6月24日,
美獅美高梅

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- I am interested in participating in the consultation sessions for parents on either day / 我有興趣參加任何一天的家長諮詢會
- I am interested in participating in art workshop and art competition on Tuesday / 我有興趣參加週二的藝術工作坊和藝術比賽
- I am/ we are coming from outside Macau and would like to receive a special discount on accommodation incl. breakfast and dinner arrangements / 我來自澳門以外的地方，希望享受住宿特別折扣，包括早餐和晚餐安排

Please send the printed file or scan by email to / 請將列印文件或掃描副本電郵至:

conference@macau-event.com

研討會報名 - 免費入場

WORKSHOP REGISTRATION - FREE ADMISSION

請在表格中勾選您和貴機構希望參加的工作坊、社區活動及家長諮詢環節。煩請將填妥的表格，連同每項活動的參加者姓名名單，以簡單電郵方式發送給我們。

Please mark the specific workshops, community activities, and parent consultation sessions that you and your organization wish to take part in. Kindly send us the completed form along with a detailed list of participant names for each selected activity via a simple email.

敬請注意：

- 活動名額有限，將採用先到先得原則安排參與資格
- 表格內已列出活動的地點與時間
- 請於每項活動開始前15分鐘抵達

Please note:

- Access is limited - first come, first served principle
- Venue details and times are listed in the form
- Please arrive 15 minutes prior to the scheduled time

Your Email Address / 你的電郵地址:

Name or Name of Association and/or Group - 姓名/協會或團體名稱:

社區活動 / Community Activities :

<input type="checkbox"/>	2025年6月23日星期一的電影體驗地點: Galaxy Cinemas 銀河影院 3pm - 5pm 「澳門银河」综合度假城 澳门路氹望德圣母湾大马路 Cinema Experience at Galaxy Resort - Est. da Baia de Nossa Senhora da Esperanca, Cotai	總人數 <input type="text"/>
<input type="checkbox"/>	藝術工作坊將於6月24日星期二在以下地點舉行: 10am - 2pm 美獅美高梅 澳門路氹體育館大馬路/ 大宴會廳一樓 / 我們將提供午餐自助餐 'Creating Something out of Nothing' Art Workshop at MGM Cotai - Ballroom 1 st Floor	總人數 <input type="text"/>
<input type="checkbox"/>	6月24日星期三「高爾夫體驗」工作坊: 澳門國際高爾夫 10am - 2pm 澳門路氹石排灣廣場199號 - 練習場 'Golf Try-Out' Workshop at Macau International Golf (MIG) - Driving Range	總人數 <input type="text"/>
<input type="checkbox"/>	2025年6月27日星期五的電影體驗地點: Studio City Cinema 影滙戲院 3pm - 5pm 新濠影滙二樓 - 澳門路氹連貫公路 Cinema Experience at Studio City - Estrada do Istmo, Cotai, Cotai	總人數 <input type="text"/>

6月24日星期二的家長諮詢會和研討會: 美獅美高梅 澳門路氹體育館大馬路 / Parent Consultation:

<input type="checkbox"/>	2pm - 3pm 家長諮詢會 with Dr. Bill Wen Zeng 失智症是一種嚴重的慢性疾病	總人數 <input type="text"/>
<input type="checkbox"/>	2pm - 3pm 分組會議 with Dr. Angus Lam 探索個人性態度: 澳門醫護及教育專業人員工作坊	總人數 <input type="text"/>
<input type="checkbox"/>	2pm - 4pm 家長諮詢會 with Dr. Chia Kok Hwee & Meng Kiat Derrick Tan 撫養神經多樣性兒童的日常挑戰失智症是一種嚴重的慢性疾病	總人數 <input type="text"/>

For further information, please visit our website at www.macau-conference.com or send us an email at conference@macau-event.com

欲了解更多資訊，請瀏覽我們的網站：www.macau-conference.com

或電郵至 conference@macau-event.com 與我們聯絡